

Lamentations 3:19—26 | WHAT SHOULD OUR EMOTIONAL RESPONSE TO CORONAVIRUS BE?

Study Questions from 03.05.2020 sermon

Introduction

- i. Think back through lockdown. What have your most dominant and frequent emotions been?
- ii. Read Lamentations 3:19—26 together.

Biblical Lament

- iii. The answer the Bible gives to the question 'What should our emotional response to Coronavirus (or any crisis) be?' is: Lament. Come up with a definition of Biblical Lament.
- iv. Using Lamentations & one of the following Psalms: 6, 10, 22, 31, 86, 102, identify the three features of lament. Do any of the features particularly resonate with you? Why? Be specific.

The challenge of Biblical Lament

- v. Jamie said he finds it hard to lament. Do you? Give reasons why might we find it difficult to lament in a Biblical way.
- vi. What might happen to us if we don't lament?
- vii. Finish this study now with prayerful lament. Use the Psalms listed above as a pattern if you want. Or draw from Lamentations. Cry out to God about the Covid-19 crisis... in a Biblical way.

Lament: things to do

- viii. If you'd like to work through lament further, here are some things for you to do:
 - i. Read through the book of Lamentations
 - ii. Have a go at writing your own lament
 - iii. Turn Coronavirus news headlines into lament
 - iv. Work through the features of lament in prayer
 - v. For further reading see Professor N.T. Wright's Time Magazine web article on lament *'Christianity offers no answers about the Coronavirus. It's not supposed to.'*